



CONCEPT2 ROWER

PM 4 MONITOR

- Monitor turns on when you start rowing
- Track distance, speed, pace, calories burned, and watts
- View force curve, pace boat, bar chart, large print, or all data
- 32k removable card stores performance data for up to five users
- Optional Polar® receiver lets you track cardiovascular data
- Transfer data to your Mac or PC
- Manage a wide range of features such as preset workouts, games, and multiple languages
- Includes a Suunto heart rate belt
- Uses energy from your workout to charge the battery, or recharge with computer integrated USB port
- 2GB of memory
- Increased processing power supports wireless machine-to-machine racing