

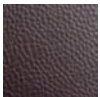





ARM CRUNCH



- Multiple arm curling motions pronated, supinated and hammer curls.
- Multiple abdominal motions including basic crunch, oblique crunch and core rotation.
- Seated stable, seated unstable and standing positions can be utilized.
- Abdominal crunch straps can be used for overhead triceps extension.
- Unilateral or bilateral use.
- Seat adjustment accommodates users of different heights.

User weight 88 lbs (20 kg) per stack.

ARM CRUNCH				Model HS-M9206	
overall weight	ship weight	width	length	height	
2 x 176 lbs (2 x 80 kg)	655 lbs (297 kg)	60" (152 cm)	37" (93 cm)	64" (163 cm)	
FEATURES AND SPECIFICATIONS					
<p>PROGRAMS: Goal specific programs available, ask your sales rep for details.</p> <p>STANDARD FEATURES: Cable based pulley system, 2 weight stacks, extended cable travel for seated or standing exercises, online programming and educational support.</p>			<p>WARRANTY: 2 years Comprehensive Warranty for parts and labor support for the equipment, applicable on the basis of manufacturing defect only.</p>		
<p>FRAME</p>  <p>StarTrac Silver</p>		<p>FRAME</p>  <p>StarTrac Silver</p>			
<p>UPHOLSTERY</p>  <p>Brown</p>	<p>TRIM</p>  <p>Wood</p>	<p>UPHOLSTERY</p>  <p>Black</p>	<p>TRIM</p>  <p>Charcoal</p>		