







PULL LIFT



- Numerous high pulley motions including pulling and press downs, core rotation, assisted squatting and lunging.
- Numerous lower body movements including squats, lunges, dead lifts and calf raises.
- High pulling and rotational movements can be combined with stepping and lunging to incorporate total body 3-Dimensional movements.
- Numerous upper body motions including biceps curls, shrugs, rows and presses.
- Low pulling and rotational movements can be combined with stepping and lunging to incorporate total body 3-Dimensional motions.
- Unilateral or bilateral use.
- Exercises can be performed on or off the platform.

User weight 88 lbs (20 kg) per stack.

PULL LIFT				Model HS-M9205	
overall weight	ship weight	width	length	height	
2 x 176 lbs (2 x 80 kg)	750 lbs (341 kg)	75" (191 cm)	39" (99 cm)	94" (239 cm)	
FEATURES AND SPECIFICATIONS					
<p>PROGRAMS: Goal specific programs available, ask your sales rep for details.</p> <p>STANDARD FEATURES: Cable based pulley system, 2 weight stacks, extended cable travel for seated or standing exercises, online programming and educational support.</p>			<p>WARRANTY: 2 years Comprehensive Warranty for parts and labor support for the equipment, applicable on the basis of manufacturing defect only.</p>		
<p>FRAME</p>  <p>StarTrac Silver</p>		<p>FRAME</p>  <p>StarTrac Silver</p>			
<p>UPHOLSTERY</p>  <p>Brown</p>	<p>TRIM</p>  <p>Wood</p>	<p>UPHOLSTERY</p>  <p>Black</p>	<p>TRIM</p>  <p>Charcoal</p>		