

# KNEELING LEG CURL

## Model LA-S1311



- User friendly weight stack selection
- 5 lb incremental weight system for optimal progression
- Unique single leg isolation positioning
- Adjustable carousel and knee pad for opposite leg training
- Ergonomic elbow and hand placement for upper body support
- Featuring the patented Lock N Load® weight selection system

STACK WEIGHT	SHIP WEIGHT	WIDTH	LENGTH	HEIGHT
150 lbs (68 kg)	360 lbs (163 kg)	44" (111.7 cm)	51" (129.5 cm)	60" (152 cm)

### FEATURES AND SPECIFICATIONS

#### AVAILABLE COLORS

Options for upholstery and frame.

#### HARMONY



Black  
Upholstery



StarTrac Silver  
Frame

#### LEGACY



Brown  
Upholstery



White  
Frame

**WARRANTY:** 2 years Comprehensive Warranty for parts and labor support for the equipment, applicable on the basis of manufacturing defect only.